

1 月至 4 月的证道主题：“主的受难与复活”

2026 年 1 月 25 日

证道题目：“愿祢的意旨成全”

经文：《马太福音 26：36-46》

传教士：郭子恩牧师

介绍

1. 我们的证道系列 — “主的受难与复活”
 - a. 阅读《马太福音 26 - 28》，并总结《马太福音》的整体信息
 - b. 学习关于主耶稣基督受难与复活那深深打动人心的教训
 - c. 受挑战来寻求对主耶稣及祂的救恩更深刻的珍惜

2. 我们今天的焦点 — “愿祢的意旨成全” 《马太福音 26：36-46》

花时间祷告

1. 主耶稣
 - a. 一个最重要的祷告生活
 - i. 40 天和 40 夜 《马太福音 4》
 - ii. 每天清晨早起祷告 《马可福音 1：35》
 - b. 祂现在将进入一个特别的祷告时间
 - i. 当祂接近祂的受难和死亡
 - ii. 当祂寻求顺从天父的意旨

2. 主耶稣前往客西马尼园
 - a. 带了彼得、雅各和约翰同去 《马太福音 26：36-37》
 - i. 他们是主最亲的门徒
 - ii. 他们将必须学习重要的教训，以便在未来的事工中增长
 - b. 主耶稣极大的忧愁 《马太福音 26：37-38》
 - i. 当主面临受难与死的现实时，祂开始感到忧愁和极其难过
 - ii. 祂的心里甚是忧伤，几乎要死
 - iii. 祂吩咐三个门徒在那里等候，和祂一同警醒

挣扎以及在祷告中寻求力量

1. 主耶稣的第一次祷告 《马太福音 26: 39-40》

a. 主稍往前走，独自俯伏在地祷告

“我父啊，倘若可行，求祢叫这杯离开我。然而，不要照我的意思，
只要照祢的意思。” 《马太福音 26: 39》

b. 主耶稣的挣扎

- i. 祂祈求这杯（为世人的罪受苦和死）离开祂
- ii. 祂对天父旨意的意识，以及顺服旨意的渴望

c. 来到门徒那里 《马太福音 26: 40-41》

- i. 在这危难的片时，他们本该同主警醒，但却睡着了
- ii. 他们必须警醒祷告才能战胜迷惑
- iii. 心灵或许愿意，但肉体却软弱是真实的

2. 主耶稣的第二次祷告 《马太福音 26: 42-43》

“我父啊，这杯若不能离开我，必要我喝，就愿祢的意旨成全。”
《马太福音 26: 42》

- a. 主不再祈求这杯离开祂
- b. 祂祈求天父的意旨成全
- c. 与第一次祷告有显著的变化
 - i. 第一次祷告时的挣扎已经消逝
 - ii. 现在已经接受了天父的意旨
- d. 门徒们悲惨的状态 《马太福音 26: 43》
 - i. 他们又被发现睡着了
 - ii. 尽管被纠正，他们仍然没有吸取教训

3. 主耶稣的第三次祷告

- a. 祂又离开，并第三次祷告
- b. 祂重复了同样的话语（坚定地重申了第二次的祷告）

“我父啊，这杯若不能离开我，必要我喝，就愿祢的意旨成全。”

《马太福音 26: 42》

- i. 祂完全顺服天父的旨意
- ii. 祂有遵行天父旨意的力量与决心

祷告的大能

1. 主耶稣

- a. 主非常忧愁地进入客西马尼园
- b. 祂与天父以祷告联系
 - i. 挣扎
 - ii. 找力量
- c. 主三次祷告的能力与影响 《马太福音 26: 45-46》
 - i. 完全接受祂被卖的时候已经来临
 - ii. 绝对信靠与顺从天父的旨意
 - iii. 面对卖主的人毫不动摇的勇气

2. 门徒们 - 彼得、雅各和约翰

- a. 主耶稣吩咐他们警醒和祷告
- b. 不幸的
 - i. 他们又在睡觉 - 整三次
 - ii. 他们没有警醒和祷告
 - iii. 他们无法克服肉体的软弱

给予我们的重要教训

- 1. 主耶稣的挣扎 参照《腓立比书 2: 5-8》
 - a. 为人的罪受难和受死
 - b. 实践对天父旨意的信靠和顺从
 - c. 我们不能以为主耶稣所经历的对祂来说是容易的
- 2. 理解主耶稣如何祷告
 - a. 借着祷告，呈上祂的忧愁与挣扎
 - b. 借着祷告，学习信靠并顺从天父的旨意

- c. 借着祷告，寻得力量和勇气去面对苦难和死亡
3. 从门徒们的软弱得到警告
- a. 在自己身上是找不到能力和力量的
 - b. 若不祷告，即使心灵愿意，肉体的软弱仍将得胜
 - c. 我们的信心和倚靠必须永远在主身上

Jan-Apr Pulpit Series – “The Death and Resurrection of the Lord”

Message Title : “Your will be done”

25 Jan 2026

Text: Matthew 26:36-46

INTRODUCTION

1. Pulpit Series – “The Death and Resurrection of the Lord”
 - a. Reading Matthew 26-28 and concluding the Gospel of Matthew
 - b. To learn poignant lessons concerning the death and resurrection of the Lord Jesus Christ
 - c. To be challenged to find a deeper appreciation of the Lord Jesus and our salvation in Him
2. Our focus today – “Your will be done” Matthew 26:36-46

TAKING TIME TO PRAY

1. The Lord Jesus
 - a. A most significant prayer life
 - i. 40 days and 40 nights Matthew 4
 - ii. Rising up early daily to pray Mark 1:35
 - b. He would now enter into a special time of prayer
 - i. As He approached His suffering and death
 - ii. As He sought to be obedient to the Father’s will

2. The Lord Jesus goes to Garden of Gethsemane

- a. Bringing Peter, James and John with Him Matthew 26:36-37
 - i. They were the closest disciples to Him
 - ii. They would need to learn important lessons to grow further for future ministry

- b. The great sorrow of the Lord Jesus Matthew 26:37-38
 - i. He began to be sorrowful and deeply distressed as He faced the reality of His suffering and death
 - ii. His soul was exceedingly sorrowful, to the point of death
 - iii. He commanded the 3 disciples to stay and watch with Him

STRUGGLING AND FINDING STRENGTH IN PRAYER

- 1. The first prayer of the Lord Jesus Matthew 26:39-40
 - a. He went a little further to be alone and fell on His face and prayed

“O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will.”
Matthew 26:39
 - b. The struggle of the Lord Jesus
 - i. His request for this cup (to suffer and die for the sins of man) to pass from Him
 - ii. His consciousness of the Father’s will and His desire to submit to it
 - c. Coming back to the disciples Matthew 26:40-41
 - i. They were sleeping instead of watching with the Lord in this hour of need

- ii. They had to watch and pray in order to overcome temptation
- iii. The spirit may be willing but the weakness of the flesh is real

2. The second prayer of the Lord Jesus Matthew 26:42-43

“O My Father, if this cup cannot pass away from Me unless I drink it, Your will be done.”
 Matthew 26:42

- a. He no longer asked for the cup to be passed from Him
- b. He prayed for the Father’s will to be done
- c. A significant change from the first prayer
 - i. The struggle from the first prayer had gone
 - ii. There was now an acceptance of the Father’s will
- d. The sad state of the disciples Matthew 26:43
 - i. They were found to be sleeping again
 - ii. They had not learnt despite being corrected

3. The third prayer of the Lord Jesus

- a. He went away again, and prayed the third time
- b. The same words were said (a strengthened affirmation of the second prayer)

“O My Father, if this cup cannot pass away from Me unless I drink it, Your will be done.”
 Cf. Matthew 26:42

- i. Full submission to the Father’s will
- ii. Strength and resolve in obeying the Father’s will

THE POWER OF PRAYER

1. The Lord Jesus

- a. He entered into the Garden of Gethsemane exceedingly sorrowful
 - b. He communed with the Father in prayer
 - i. Struggling
 - ii. Finding strength
 - c. The power and impact of His three prayers Matthew 26:45-46
 - i. Full acceptance that His hour of betrayal had come
 - ii. Absolute trust and obedience in the will of the Father
 - iii. Unwavering courage in rising and going towards His betrayer
2. The disciples – Peter, James and John
- a. They were commanded by the Lord Jesus to watch and pray
 - b. Sadly
 - i. They were found sleeping yet again - three times
 - ii. They did not watch and pray
 - iii. They failed to overcome the weakness of the flesh

IMPORTANT LESSONS FOR US ALL

- 1. The struggle of the Lord Jesus cf. Philippians 2:5-8
 - a. To suffer and die for the sins of man
 - b. To exercise trust and obedience to the Father's will
 - c. We must not think that what the Lord Jesus went through was easy for Him
- 2. Appreciating how the Lord Jesus prayed
 - a. Presenting His sorrow and struggles in prayer

- b. Learning to trust and obey the Father's will in prayer
 - c. Finding strength and boldness in prayer to face suffering and death
- 3. Being warned by the weakness of the disciples
 - a. There is no power or strength to be found in ourselves
 - b. Without prayer, the weakness of the flesh will prevail even if the spirit is willing
 - c. Our faith and dependence must ever be on the Lord