

5 月至 6 月的证道系列：“大卫的诗篇”
证道题目：“但祢耶和华是我四围的盾牌”
经文：《诗篇 3》

2026 年 5 月 10 日

介绍

1. 新的证道系列 - “大卫的诗篇”
 - a. 选读大卫所作的诗篇
 - b. 理解每个诗篇的背景，以及大卫当时所经历的处境
 - c. 学习有关
 - i. 上帝
 - ii. 实践在上帝里的信心
2. 今天的焦点 - “但祢耶和华是我四围的盾牌” 《诗篇 3》

《诗篇 3》的背景

1. 诗篇的上标（或称标题）

“大卫逃避他儿子押沙龙的时候作的诗”

 - a. 当大卫相当年老时所作的诗
 - b. 大卫不得不逃避自己的儿子押沙龙，因为他发动了叛乱反对他
2. 关于大卫的一些背景信息
 - a. 他的人生起点卑微，最初只是一个年轻的牧羊男孩
 - b. 被上帝拣选成为以色列未来的国王
 - c. 击败歌利亚，并在扫罗手下效力
 - d. 当扫罗想要杀他时，他仓皇逃命
 - e. 多年后，他统一了全国，并统治以色列 40 年
 - f. 晚年时期，他面临着家庭冲突和反叛
 - g. 他死后，所罗门继承了他的王位

生活中问题的现实

1. 大卫
 - a. 尽管他是一位“好”国王
 - i. 忠于上帝
 - ii. 良好地领导以色列
 - b. 面对痛苦的问题
 - i. 在年老时

ii. 来自他自己的家庭

c. 做一个“好人”

i. 但这并不意味着一个人就是完美的

ii. 也不意味着一个人就能免受生活中各种问题的困扰

2. 晚年被自己的儿子押沙龙背叛

d. 育儿方面的缺欠 参阅《撒母耳记下 13 -18》

i. 作为一个父亲，大卫没有公正地处理他孩子们之间的问题

ii. 押沙龙对所发生的事情和大卫的回应深感痛心

iii. 押沙龙自己犯错时，大卫没有对他进行适当的管教

b. 押沙龙罪恶地起来反叛大卫

i. 他赢得了以色列人的心 《撒母耳记下 15:6》

ii. 他率领众人反抗大卫，并试图谋害大卫的性命

3. 大卫写《诗篇 3》时所面临的痛苦和沮丧

“耶和華啊，我的敵人何其加增！有許多人起來攻擊我。有許多人議論我說：‘他得不着神的幫助。’”（細拉）《詩篇 3:1-2》

a. 困扰

b. 有許多人起來攻擊他（由他自己的兒子率領）

c. 許多人甚至議論說上帝已經拋棄了他

大卫在困境和沮丧中实践信心

1. 向上帝寻求像盾牌般的庇护

“但你耶和華是我四圍的盾牌” 《詩篇 3:3》

a. 一幅极具个人特色的盾牌（小圆盾）的军事意象

b. 上帝以非常个人特色的方式保护

2. 荣耀上帝

“是我的榮耀” 《詩篇 3:3》

a. 此时的大卫没有什么值得炫耀的

i. 大卫年轻时的力量已不复存在

ii. 大卫的王者尊荣已荡然无存

iii. 大卫的亲生儿子背叛了他

b. 但大卫仍然可以荣耀上帝，因为祂就是他的一切所需

3. 盼望上帝赐的复兴

“又是叫我抬起头来的” 《诗篇 3:3》

- a. 让人抬起头来就是重拾尊严
- b. 大卫的希望是上帝能让他复兴

4. 凭着信心向上帝呼求

“我用我的声音求告耶和华，祂就从祂的圣山上应允我。”（细拉）诗篇 3:4

- a. 向上帝发出非常响亮的祈祷和呼叫
- b. 相信上帝会从祂的圣山上听见

对上帝实践信心的结果

1. 在心中寻得和平

“我躺下睡觉，我醒着，耶和华都保佑我” 《诗篇 3:5》

- a. 安心地躺下睡觉
- b. 尽管他在逃命

2. 恐惧被驱散

“虽有成万的百姓来周围攻击我，我也不怕” 《诗篇 3:6》

- a. 不再恐惧
- b. 即使四面楚歌

3. 更加勇敢的祷告

“耶和华啊，求祢起来！我的神啊，求祢救我！因为祢打了我一切仇敌的腮骨，敲碎了恶人的牙齿” 《诗篇 3:7》

- a. 叫上帝显现并采取行动
- b. 让上帝审判不虔诚的人

4. 保证

“救恩属乎耶和华，愿祢赐福给祢的百姓”（细拉）《诗篇 3:8》

- a. 确信上帝的救赎
- b. 确信主的祝福仍然与他同在

给予我们所有人的鼓励

1. 生命中的难题

- a. 它们可能会降临到
 - i. 甚至“好”人身上
 - ii. 甚至在晚年
 - iv. 甚至在家庭内部

- b. 上帝
 - i. 祂并没有承诺我们一世无忧的生活
 - ii. 但祂承诺会与那些信靠他的人同在，并帮助他们

给予我们的挑战

- a. 实践对上帝的信心
- b. 信心的实际表达
 - i. 向上帝寻求盾牌般的庇护
 - ii. 荣耀上帝，别无其他
 - iii. 盼望上帝赐的复兴
 - iv. 凭着信心向上帝呼求

3. 对上帝实践信心的结果

- a. 平安
- b. 恐惧被驱散
- c. 更加勇于祷告
- d. 得到上帝的保证

May-June Pulpit Series – “The Davidic Psalms”
Message Title : “But You, O LORD, are a shield for me”
Text: Psalm 3

10 May 2026

INTRODUCTION

- 1. New Pulpit Series – “The Davidic Psalms”
 - a. Reading selected Davidic Psalms

 - b. Understanding the context of each Psalm and what David was going through

 - c. Learning lessons about
 - i. God

 - ii. Exercising faith in God

2. Our focus today – “But You, O LORD, are a shield for me” Psalm 3

THE CONTEXT OF PSALM 3

1. Superscription (Title of the Psalm)

“A Psalm of David when he fled from Absalom his son.”

- a. A Psalm written by David when he was much older
- b. David had to flee from his own son Absalom who led a rebellion against him

2. Some background on David

- a. Began humbly as a young shepherd boy
- b. Chosen by God to be the future king of Israel
- c. Defeated Goliath and served under Saul
- d. Fled for his life when Saul tried to kill him
- e. United the nation years later and became king over Israel for 40 years
- f. Faced family conflict and rebellion in the later years of his life
- g. Succeeded by Solomon after he died

THE REALITY OF PROBLEMS IN LIFE

1. David

- a. Despite being a “good” king
 - i. Faithful to God
 - ii. Led Israel well
- b. Faced painful problems
 - i. In old age
 - ii. From within his family
- c. Being “good”
 - i. Does not mean one is perfect

- ii. Does not mean one is immune from the problems of life
- 2. Betrayed in old age by his own son, Absalom
 - a. Weakness in parenting cf. 2 Samuel 13-18
 - i. As a father, David did not deal justly with problems amongst his children
 - ii. Absalom was deeply hurt by what happened and David's response
 - iii. Absalom himself was not disciplined properly by David when he erred
 - b. Absalom sinfully rose up to rebel against David
 - i. He stole the hearts of the men of Israel 2 Samuel 15:6
 - ii. He led many in a rebellion against David and sought David's life
- 3. The distress and discouragement that David faced when he wrote Psalm 3

*"Lord, how they have increased who trouble me! Many are they who rise up against me. Many are they who say of me, "There is no help for him in God." Selah
Psalm 3:1-2*

- a. Troubled
- b. Many had risen up against him (led by his own son)
- c. Many had even said God had forsaken David

DAVID EXERCISING FAITH IN DISTRESS AND DISCOURAGEMENT

- 1. Turning to God as a shield

"But You, O Lord, are a shield for me" Psalm 3:3a

- a. A military imagery of a very personal shield (buckler)
- b. God as One who will protect in a very personal way

- 2. Glorifying in God

"My glory" Psalm 3:3b

- a. David had nothing to glory about at this point
 - i. David's strength of youth was no more

- ii. David's honour as king was gone
- iii. David's own son turned against him
- b. But David could still glory in God who was all that he needed

3. Hoping in God's restoration

"The One who lifts up my head" Psalm 3:3c

- a. To lift up one's head is to restore one's dignity
- b. David's hope was for God to restore him

4. Crying out to God in faith

"I cried to the Lord with my voice, and He heard me from His holy hill. Selah"
Psalm 3:4

- a. A very vocal prayer and cry to God
- b. Believing that God would hear from His holy hill

THE RESULTS OF EXERCISING FAITH IN GOD

1. Finding peace in the heart

"I lay down and slept; I awoke, for the Lord sustained me." Psalm 3:5

- a. Peace to lay down and sleep
- b. Despite fleeing for his life

2. Fears dispelled

"I will not be afraid of ten thousands of people who have set themselves against me all around." Psalm 3:6

- a. No longer afraid
- b. Even with enemies all around

3. Further boldness in prayer

"Arise, O Lord; save me, O my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly." Psalm 3:7

- a. For God to arise and take action
- b. For God to judge the ungodly

4. Assurance

*“Salvation belongs to the Lord. Your blessing is upon Your people. Selah”
Psalm 3:8*

- a. Assured in God’s salvation
- b. Assured that the Lord’s blessing is still upon him

ENCOURAGEMENT TO US ALL

1. The problems of life

- a. They can come
 - i. Even to “good” people
 - ii. Even in old age
 - iii. Even from within the family
- b. God
 - i. He does not promise us a problem-free life
 - ii. But He promises His Presence and Help to those who trust in Him

2. Our challenge

- a. To exercise faith in God
- b. Practical expressions of faith
 - i. Turning God as a shield
 - ii. Glorifying in God and nothing else
 - iii. Hoping in God’s restoration
 - iv. Crying out to God in faith

3. The results of exercising faith in God

- a. Peace

- b. Fears dispelled
- c. Further boldness in prayer
- d. Assurance in God