

5月至6月的证道主题：“大卫的诗篇”  
证道题目：“搭救我，因祢的慈爱拯救我”  
经文：《诗篇6》  
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2026年5月31日

## 介绍

1. 我们的证道系列 — “大卫的诗篇”
  - a. 选读大卫所作的诗篇
  - b. 理解每个诗篇的背景，以及大卫当时所经历的处境
  - c. 学习有关
    - i. 上帝
    - ii. 实践在上帝里的信心
2. 我们今天的焦点 — “搭救我，因祢的慈爱拯救我” 《诗篇6》

## 《诗篇6》的背景

1. 诗篇的上标（或称标题）

“大卫的诗，交于伶长。用丝弦的乐器，调用第八”
2. 大卫写的一首诗篇，交给伶长在公共崇拜使用
3. 一首哀叹的诗篇，大卫在哀愁中向上帝呼救

## 央求上帝怜恤

1. 大卫写这首诗篇时所挣扎的
  - a. 个人的罪孽 《诗篇6:1》
    - i. 他惧怕上帝在烈怒中责备和处罚他
    - ii. 他央求上帝不要发怒
  - b. 肉体上的软弱 《诗篇6:2》
    - i. 软弱
    - ii. 骨头发战

- c. 心灵的疲劳 《诗篇 6:3》
    - i. 惊惶
    - ii. 迫切的要上帝回答 - “要到几时？”
  - d. 敌人 《诗篇 6: 6-7》
    - i. 导致他失眠
    - ii. 导致他忧愁
2. 央求上帝的怜恤
- a. 第一个求助 《诗篇 6:2》
    - i. 关注他自己（大卫）的份上
    - ii. 央求上帝因他的软弱和惊惶而宽恕
  - b. 第二个求助 《诗篇 6: 4-5》
    - i. 关注在上帝
    - ii. 因上帝的慈爱而宽恕
    - iii. 让大卫在活人之地继续的献上崇拜和感恩

## 体验到上帝的怜悯

1. 大卫体验到上帝的怜悯 《诗篇 6: 8-9》
- a. 这是诗篇的一个重大转折点
  - b. 上帝在祂的时间和旨意下赐了怜悯
  - c. 大卫的见证
    - i. “耶和华听了我的哀哭的声音”
    - ii. “耶和华听了我的恳求”
    - iii. “耶和华必收纳我的祷告”
2. 大卫的信心被激起 《诗篇 6: 8-10》
- a. 诗篇以他的哀叹开始
  - b. 诗篇以在上帝里的信心总结
    - i. “你们一切作孽的人，离开我吧！”
    - ii. “我的一切仇敌都必羞愧，大大惊惶”
    - iii. “他们必要退后，忽然羞愧”

## 给我们每一位的重要教导

1. 生命中的问题

- a. 多样化与复杂
  - b. 他们能够大大的影响我们
2. 学习央求上帝的怜悯
- a. 为了我们份上
  - b. 为了上帝的份上
3. 学习等候上帝
- a. 即使我们感到危急
  - b. 即使我们感到畏惧
4. 当我们体验祂的怜悯时做正确的反应
- a. 承认与感恩
  - b. 在上帝里更深的信心和依靠

**May-June Pulpit Series – “The Davidic Psalms”**  
**Message Title : “Save me for Your mercies’ sake”**  
**Text: Psalm 6**

**31 May 2026**

## **INTRODUCTION**

1. Pulpit Series – “The Davidic Psalms”
  - a. Reading selected Davidic Psalms
  - b. Understanding the context of each Psalm and what David was going through
  - c. Learning lessons about
    - i. God
    - ii. Exercising faith in God
2. Our focus today – “Save me for Your mercies’ sake”

Psalm 6

## THE CONTEXT OF PSALM 6

### 1. Superscription (Title of the Psalm)

*“To the Chief Musician. With stringed instruments. On an eight-stringed harp. A Psalm of David.”*

### 2. A Psalm written by David given to the Chief Musician for public worship

### 3. A Psalm of lament where David cried out to God in distress

## PLEADING FOR THE LORD’S MERCIES

### 1. The struggles that David faced as he wrote this Psalm

#### a. Personal sinfulness Psalm 6:1

i. He feared being rebuked and chastened by the LORD in anger

ii. He pleaded for the LORD to not be angry

#### b. Physical weakness Psalm 6:2

i. Weakness

ii. Bones troubled

#### c. Spiritual weariness Psalm 6:3

i. Troubled

ii. A great sense of urgency for the LORD to answer – “how long?”

#### d. Enemies Psalm 6:6-7

i. Resulting in sleeplessness

ii. Resulting in grief

### 2. Pleading for the LORD’s mercy

#### a. The first plea Psalm 6:2

- i. Focused on his own (David's) sake
  - ii. For the LORD to be merciful because of his weakness and distress
- b. The second plea      Psalm 6:4-5
  - i. Focused on the LORD
  - ii. For the LORD to be merciful for His mercies' sake
  - iii. That David may continue to offer worship and thanks while he is still in the land of the living

## **THE LORD'S MERCY EXPERIENCED**

1. The LORD's mercies experienced by David      Psalm 6:8-9
  - a. This was a major turning point in the Psalm
  - b. The LORD granted mercy in His time and will
  - c. David's testimony
    - i. *"The LORD has heard the voice of my weeping"*
    - ii. *"The LORD has heard my supplication"*
    - iii. *"The LORD will receive my prayer"*
2. David's faith stirred up      Psalm 6:8-10
  - a. The Psalm begins with his lament
  - b. The Psalm ends on a note of confidence in the LORD
    - i. *"Depart from me, all you workers of iniquity"*
    - ii. *"Let all my enemies be ashamed and greatly troubled"*
    - iii. *"Let them turn back and be ashamed suddenly"*

## **IMPORTANT LESSONS FOR US ALL**

1. The problems of life
  - a. Varied and complex
  - b. They can affect us significantly
2. Learning to plead for the LORD's mercies
  - a. For our own sake
  - b. For the LORD's sake
3. Learning to wait on the LORD
  - a. Even when we are desperate
  - b. Even when we are fearful
4. Responding correctly when we experience His mercies
  - a. With acknowledgement and appreciation
  - b. With a deeper faith and trust in Him