

5月至6月证道主题：“大卫的诗篇”

2026年6月7日

证道题目：“神是我的盾牌，祂拯救心里正直的人”

经文：《诗篇7》

传教士：郭子恩牧师

## 介绍

1. 新的证道系列 - “大卫的诗篇”
  - a. 选读大卫所作的诗篇
  - b. 理解每个诗篇的背景，以及大卫当时所经历的处境
  - c. 学习有关
    - i. 上帝
    - ii. 实践在上帝里的信心
2. 今天的焦点 - “神是我的盾牌，他拯救心里正直的人” 《诗篇7》

## 《诗篇7》的背景

1. 诗篇的上标（或称标题）

“大卫指着便雅悯人古实的话，向耶和华唱的流离歌。”
2. 大卫向上帝所唱的一首流离歌
  - a. 因回应便雅悯人古实的话而写
    - i. “古实”的身份在圣经中并没有明确说明
    - ii. 他是便雅悯人 - 这是扫罗所属的支派
    - iii. 扫罗及其家族是大卫的宿敌
    - iv. “古实”可能是指一位名叫“古实”的人物
    - v. “古实”也可能是一个假名（意思：黑暗），是大卫用来诗意地形容某位敌人
3. 《诗篇7》的焦点
  - a. 求上帝按他的公义来判断他
  - b. 求上帝判断他仇敌的恶行

## 在面临挑战中呼求上帝的帮助

1. 亲近一位个人的上帝  
“耶和华我的神啊” 《诗篇 7:1, 3》
2. 投靠上帝  
“我投靠祢” 《诗篇 7:1》
3. 向上帝寻求帮助 《诗篇 7:1-2》
  - a. 求拯救与救拔出来  
“求祢救我脱离一切追赶我的人，将我救拔出来”  
《诗篇 7:1-2》
  - b. 在极大的危险与困难中

## 大卫在祷告中的自我省察

1. 诚实的自我检视
  - a. 若大卫曾行恶 《诗篇 7:3-4》
    - i. “我若行了这事”
    - ii. “若有罪孽在我手里”
    - iii. “我若以恶报那与我交好的人（连那无故与我为敌的，我也救了他）”
  - b. 那他应当承担相应的后果 《诗篇 7:5》
    - i. “就任凭仇敌追赶我，直到追上”
    - ii. “将我的性命踏在地下”
    - iii. “使我的荣耀归于灰尘”
  - c. 大卫在神面前的恳求
    - i. 在这件事上，他在上帝面前是公义的 《诗篇 7:6》  
（这并不是说大卫没有任何罪）
    - ii. 他实践了个人的纯真 《诗篇 7:6》
    - iii. 他心里正直 《诗篇 7:9-10》

## 大卫表达对上帝的信心

1. 上帝必处理恶人
  - a. 祂必在怒中起来 《诗篇 7:6》
  - b. 祂必断绝恶人的恶 《诗篇 7:9》
  - c. 祂必毁灭恶人 《诗篇 7:12-16》
2. 上帝必保护义人

- a. 上帝察验人心与肺腑 《诗篇 7:9》
- b. 上帝必坚立义的人 《诗篇 7:9》
- c. 上帝必拯救心里正直的人 《诗篇 7:10》

## 大卫以赞美作结束

1. 《诗篇 7》的脉络
  - a. 呼求帮助
  - b. 诚实的自我省察
  - c. 在上帝公义审判里的信心
  - d. 向上帝献上赞美
2. 以美好的赞美作结束 《诗篇 7:17》
  - a. 照着上帝的公义称谢祂
  - b. 歌颂上帝至高者的名

## 应当学习的重要教训

1. 如何对人生的挑战作出好的回应
  - a. 以祷告亲近一位个人的上帝
  - b. 信靠上帝
2. 呼求上帝的帮助
  - a. 带着对内心肠肺腑的自我察验
  - b. 带着对上帝公义审判里的信心
3. 学习在患难中仍然赞美上帝

### **May-June Pulpit Series – “The Davidic Psalms”**

**Message Title : “My defense is of God who saves the upright in heart” 7 Jun 2026**

**Text: Psalm 7**

### **INTRODUCTION**

1. Pulpit Series – “The Davidic Psalms”
  - a. Reading selected Davidic Psalms
  - b. Understanding the context of each Psalm and what David was going through

- c. Learning lessons about
  - i. God
  - ii. Exercising faith in God
- 2. Our focus today – “My defense is of God who saves the upright in heart” Psalm 7

## **THE CONTEXT OF PSALM 7**

### 1. Superscription (Title of the Psalm)

*“A Meditation of David, which he sang to the Lord concerning the words of Cush, a Benjamite.”*

- 2. A Psalm of meditation sung to the Lord by David
  - a. Written in response to the words of Cush the Benjamite
    - i. The identity of “Cush” is not explicitly known from the Scriptures
    - ii. He was a Benjamite – this was Saul’s tribe
    - iii. Saul and his house were known enemies of David
    - iv. “Cush” could refer to a specific individual named Cush
    - v. “Cush” could also be a pseudo name (meaning: black / darkness) that David used to poetically describe one of his enemies
- 3. Focus of Psalm 7
  - a. For God to judge his own righteousness
  - b. For God to judge the wickedness of his enemies

## **CRYING OUT FOR GOD’S HELP IN THE FACE OF CHALLENGES**

- 1. Reaching out to a personal God  
“O LORD my God”                      Psalm 7:1, 3
- 2. Trusting in God  
“In You I put my trust”              Psalm 7:1
- 3. Seeking help from God              Psalm 7:1-2

- a. For salvation and deliverance  
     "Save me from all who persecute me; and deliver me"      Psalm 7:1-2
- b. Amidst great danger and difficulty

## **DAVID'S SELF-EXAMINATION IN PRAYER**

### 1. An honest self-examination

- a. If David had done wrong      Psalm 7:3-4
  - i. "If I had done this"
  - ii. "If there is iniquity in my hands"
  - iii. "If I have repaid evil to him who was at peace with me, or plundered my enemy without cause"
- b. Then he should correctly bear its consequences      Psalm 7:5
  - i. "Let the enemy pursue me and overtake me"
  - ii. "Yes, let him trample my life to the earth"
  - iii. "And lay my honor in the dust"
- c. David's plea before God
  - i. He was righteous before God in this matter      Psalm 7:6  
     (This is not David pleading sinlessness)
  - ii. He had practiced personal integrity      Psalm 7:6
  - iii. He had been upright in his heart      Psalm 7:9-10

## **DAVID'S CONFIDENCE IN GOD EXPRESSED**

### 1. God would deal with the wicked

- a. He will arise in anger      Psalm 7:6
- b. He will put an end to wickedness      Psalm 7:9
- c. He will destroy the wicked      Psalm 7:12-16

2. God would defend the righteous
  - a. God will test the hearts and minds Psalm 7:9
  - b. God will establish the just Psalm 7:9
  - c. God will save the upright in heart Psalm 7:10

### **DAVID CONCLUDING IN PRAISE**

1. The flow of Psalm 7
  - a. Crying out for help
  - b. Honest self-examination
  - c. Confidence in God's righteous judgement
  - d. Offering praise to God
2. Ending on a wonderful note of praise Psalm 7:17
  - a. Praising the LORD according to His righteousness
  - b. Singing praise to the name of the LORD Most High

### **IMPORTANT LESSONS FOR US ALL**

1. Responding well to the challenges of life
  - a. In prayer to a personal God
  - b. With trust in God
2. Crying out for God's help
  - a. With self-examination of the heart and mind
  - b. With confidence in God's righteous judgement
3. Learning to praise even in times of distress