

Text: **PSALM 62**

Title: **MY SOUL SILENTLY WAITS FOR GOD**

**LEARN TO WAIT UPON THE LORD**

1. Previously, David used to complain about his enemies

2. In Psalm 62, David was learning to wait upon the Lord

*“Truly my soul silently waits for God; from Him comes my salvation.”  
Psalm 62:1*

a. He was able to speak of his soul waiting

b. It is to silently wait

c. Focused on God’s salvation (deliverance) while waiting (Psalm 62:1, 2)

3. A reflection of David’s relationship with God

a. Creature to Creator

b. Servant to Master

**THE STRUGGLE WITH BEING CONFLICTED WAS STILL THERE**

*“How long will you attack a man?” Psalm 62:3*

1. The problem with enemies continued

2. David did mention his enemies.

a. He was not totally silent.

b. But much more silent than before.

3. These enemies probably included Saul

## A REMINDER TO CONTINUE TO WAIT ON THE LORD

### 1. Addressing the soul further

*“My soul, wait silently for God alone, for my expectation is from Him.”  
Psalm 62:5*

- a. “My soul”...Directly speaking to the soul
- b. He sought to wait silently for God alone...no one else
- c. Placing expectations on God alone and no one else

### 2. Focus on God

- a. The Lord would give His salvation (deliverance)
- b. God is the source of David's salvation

*“Truly my soul silently waits for God; from Him comes my salvation.”  
Psalm 62:1*

### 3. No other source of salvation

*“He only is my rock and my salvation; He is my defense;” Psalm 62:2,6*

- a. Salvation comes from God as a rock and defence
- b. As a rock, God will give protection

### 4. A deeper understanding of God as his salvation

*“In God is my salvation and my glory; the rock of my strength, and my refuge,  
is in God.” Psalm 62:7*

- a. Through being David's salvation, God is also appreciated more deeply
- b. As his glory
- c. As the rock of his strength
- d. As his refuge

## EXERCISE ABSOLUTE TRUST IN GOD AS WE WAIT

### 1. Trust in God

#### a. Trust in God only

*“Trust in Him at all times, you people; Pour out your heart before Him; God is a refuge for us.” Psalm 62:8*

#### b. Do not trust in other things

*“Do not trust in oppression, nor vainly hope in robbery; If riches increase, do not set your heart on them.” Psalm 62:10*

### 2. Results when we place our trust in God

#### a. Soul stillness

##### i. Not greatly moved

*“I shall not be greatly moved.” Psalm 62:2*

##### ii. Not moved

*“I shall not be moved.” Psalm 62:6*

#### b. Confidence in God

##### i. His power

*“God has spoken once, twice I have heard this: that power belongs to God.” Psalm 62:11*

##### ii. His mercy

*“Also to You, O Lord, belongs mercy; for You render to each one according to his work.” Psalm 62:12*