# MORNING WORSHIP 9 October 2016

Text: Psalm 30

Title: "O LORD, I will give thanks to You forever"

#### THE PRACTICE OF EXTOLLING THE LORD

1. I will extol You, O LORD (Psalm 30:1)

2. I will extol You, my God, O King (Psalm 145:1)

## FEATURES OF EXTOLLING THE LORD

1. I will bless Your name forever and ever

2. Every day I will bless You

3. I will praise Your name forever and ever (Psalm 145: 1-2)

### SPECIAL REASONS FOR EXTOLLING THE LORD

1. You have lifted me up (Psalm 30:1)

2. You have not let my foes rejoice over me (Psalm 30:1)

3. You healed me (Psalm 30:2)

4. You brought up my soul from the grave (Psalm 30:3)

5. You have kept my soul alive (Psalm 30:3)

## REMEMBERING SPECIAL LESSONS

1. In time of prosperity (Psalm 30:6)

- 2. Wrong attitudes taken
  - a) I shall never be moved
  - b) Pride
  - c) Self-reliance
  - d) Over-confidence

- e) Wrong spirit
- 3. God's chastisement
  - a) God hides His face (Psalm 30:7) (Psalm 28:1-2)
  - b) God shows His anger (Psalm 30:5)
  - c) God allows problems to mount up (Psalm 30:8-9)
- 4. Vital Lessons learned
  - a) It is by the Lord's favour that we are strong (Psalm 30:7)
  - b) If God hides His face we will be troubled (Psalm 30:7)
  - c) Returning to the Lord in humble prayer
    - i) To the LORD I made supplication (Psalm 30:8)
    - ii) Hear, O LORD, and have mercy on me (Psalm 30:10)
    - iii) LORD, be my helper (Psalm 30:10)

### **DETERMINATION TO EXTOL THE LORD**

- 1. You have turned for me my mourning into dancing (Psalm 30:11)
- 2. You have put off my sackcloth and clothed me

With gladness (Psalm 30:11)

3. To the end that my glory may sing praise

To You and not be silent (Psalm 30:12)

4. O LORD, my God, I will give thanks to your forever (Psalm 30:12)