

**MAY-JUNE 2021**

**Theme: “In His law he meditates day and night” Psalm 1:2**

**MAY 2021**

**MORNING WORSHIP SERVICE**

**2 May 2021**

Text: **Psalm 1**

Title: **“In His law he meditates day and night”**

## **INTRODUCTION**

1. Some Goals to consider in this new series of Messages

- a) Learning about Biblical Meditation
- b) Clearing up misconceptions
- c) Establishing the practice of Biblical Meditation

2. Good Possible Outcomes

- a) A deeper faith
- b) A stronger outlook
- c) A greater sense of well-being

## **THE BOOK OF PSALMS**

1. The main features

- a) Prayers
- b) Meditations/ Contemplations
- c) Praise
- d) Instruction

## 2. The Significance of the Psalms

- a) Human experience
- b) Candid and sincere thoughts

## 3. Important contributions

- a) Insights
- b) Inspiration

## **THE LIFE OF THE RIGHTEOUS**

### 1. Of a man who is blessed

a) "Blessed is the man" (Psalm 1:1a)

b) He is blessed because of what he does not do (Psalm 1:1)

i) He does not walk in the counsel of ungodly

ii) He does not stand in the path of sinners

iii) He does not sit in the seat of the scornful

c) He is blessed because of what he does (Psalm 1:2)

i) He delights in the law of the LORD

ii) In God's law he meditates day and night

2. Of a man who is deeply-rooted (Psalm 1:3)

a) Like a tree planted by the rivers of water

b) That brings forth its fruit in its season

c) Whose leaf also shall not wither

d) And whatsoever he does shall prosper

3. These blessings are promised

- a) To the righteous
- b) To the one who delights in God's law
- c) To the one who meditates on it day and night

### **IN DIRECT CONTRAST**

1. The ungodly are offered in contrast (Psalm 1:4)

- a) The ungodly and the sinners identified together
- b) They are compared to chaff driven away by the wind

2. The future of the ungodly and sinful (Psalm 1:5)

- a) They will not stand in the final judgment
- b) They will not stand in the congregation of the righteous

### **GOD'S KNOWLEDGE**

1. The way of the righteous

- a) God knows the way of the righteous
- b) He will bless

2. The way of the ungodly

- a) It will perish
- b) No blessing would be given

## **THE PRACTICE OF MEDITATION**

### 1. Commencement

- a) To read
- b) To understand
- c) To believe

### 2. Continuing Work

- a) To Meditate
  - i) To think further
  - ii) To think deeper
  - iii) To be impacted
  
- b) Day and night
  - i) To comprehend the Law
  - ii) To appreciate its value and insights
  - iii) To dwell on the Word
  - iv) To be enlightened

## **CONCLUSION**

1. Life and the Lord's word are related
2. The Lord's word deserves Meditation
3. Meditation will affect our life
4. It would result in God's blessings!