

PRAYER MEETING

7 January 2019

Text: **Psalm 30:1-3**

EXTOLLING THE LORD

1. What does “extolling” mean?

- a) To express appreciation
- b) To give thanks
- c) To praise
- d) To bless

2. I will extol You

(Psalm 30:1)

- a) Personal determination
- b) Commitment

3. O LORD

- a) Focus on the LORD
- b) The name “LORD”
 - i) Covenantal name
 - ii) Name given to the children of God to employ

(Exodus 6)

4. Reasons for extolling the LORD stated

- a) For You have lifted me up (Psalm 30:1a)
- b) You have not let my foes rejoice over me (Psalm 30:1b)
- c) You healed me (Psalm 30:2a) (Cf. Exodus 15:26)
- d) You brought my soul up from the grave (Psalm 30:3a)
- e) You kept me alive, that I should not go down to the pit (Psalm 30:3b)

5. Challenges at Prayer Meeting in 2019

- a) To grow in deeper knowledge
- b) To consciously emulate the examples given