

Text: **Psalm 31**

TRUST IN THE LORD

In You, O LORD, I have put my trust (Psalm 30:1a)

1. Trust is essentially an exercise of faith in God
2. It is a spiritual discipline that needs to be learned

EARLY LESSONS OF TRUST IN GOD

1. Learning to put trust in the LORD

And put your trust in the LORD (Psalm 4:5b)

2. Rejoicing because of trust in the LORD

But let all rejoice who put their trust in Him (Psalm 5:11)

TRUSTING THE LORD BECOMES THE FIRST THING ESTABLISHED

Note the first thought of trusting the Lord expressed in the following Psalms.

1. O LORD God, in You I put my trust (Psalm 7:1)
2. In the LORD, I put my trust (Psalm 11:1)
3. Preserve me, O God, for in You I put my trust (Psalm 16:1)
4. To You., O LORD, I lift up my soul,
O my God, I trust in You (Psalm 25:1)
5. In You, LORD, I put my trust (Psalm 31:1)

THE CONTEXTS OF DEVELOPING TRUST IN THE LORD

1. The context of difficult circumstances

- a) War (Psalm 18)
- b) Weakness (illness) (Psalm 6)
- c) Enemies (Psalm 25)

2. The context of fear

- Fear of death (Psalm 6)

3. The context of chastening from God (Psalm 6)

4. The context of prayer (Psalm 4)

5. The context of trust in God's mercy (Psalm 13:5)

6. The context of waiting on the Lord for His vindication (Psalm 26)