

PRAYER MEETING

11 March 2019

Text: **Psalm 31**

PRACTICAL ASPECTS OF TRUSTING THE LORD

Two concepts to be carefully studied:

1. Concept of entrusting our spirit to the Lord

Into Your hand I commit my spirit (Psalm 31:5a)

2. Concept of entrusting our times to the Lord

My times are in Your hand (Psalm 31:15a)

INTO YOUR HAND I COMMIT MY SPIRIT

1. This was the prayer of the Lord Jesus Christ

Father, into Your hands I commit My spirit (Luke 23:46)

2. Uttering this prayer

a) When life seems to come to the very end

- i) The last breath
- ii) The last words of life

b) A prayer of supreme trust

- i) Total and complete
- ii) Only God Himself is left to think about

c) Tracing this concept before the end of life

- i) This involves learning "obedience" (Hebrews 5:8)
- ii) Trusting God as One who hears (Hebrews 5:7)
- iii) Practising godly fear (Hebrews 5:7)

- d) Our problems
 - i) We do not fully trust
 - ii) We trust ourselves more than we dare to admit
 - iii) We fall back on our reasoning... our experience

MY TIMES ARE IN YOUR HAND

1. Times

- a) Concept of time (Ecclesiastes 5)
 - i) Seasons
 - ii) Cycles
 - iii) Aspects

- b) To be fathomed
 - i) Knowledge
 - ii) Wisdom

- c) To be verified
 - i) Proven in real time
 - ii) Proven in real life

- d) To be further improved
 - i) To practise
 - ii) To be consistent

2. In God's hand

- a) No safer place
- b) Turning to God
- c) Resting in the Lod
- d) Believing with all our heart/ soul/ mind/ strength

NO PRAYER MEETING

18 March 2019 Family Camp

25 March 2019 Post Family Camp

1 April 2019 Pastoral Conference in Myanmar