SSS 4 5 MARCH 2023

Book 2

Psalms 42-72

Text: Psalm 69

To the Chief Musician. Set to "The Lilies." A Psalm of David.

¹ Save me, O God! For the waters have come up to *my* neck.

²I sink in deep mire, Where *there is* no standing; I have come into deep waters, Where the floods overflow me.

³ I am weary with my crying; My throat is dry; My eyes fail while I wait for my God.

⁴ Those who hate me without a cause Are more than the hairs of my head; They are mighty who would destroy me, *Being* my enemies wrongfully; Though I have stolen nothing, I *still* must restore *it*.

⁵ O God, You know my foolishness; And my sins are not hidden from You.

⁶ Let not those who wait for You, O Lord God of hosts, be ashamed because of me; Let not those who seek You be confounded because of me, O God of Israel.

⁷ Because for Your sake I have borne reproach; Shame has covered my face.

⁸I have become a stranger to my brothers, And an alien to my mother's children;

⁹ Because zeal for Your house has eaten me up, And the reproaches of those who reproach You have fallen on me.

¹⁰ When I wept *and chastened* my soul with fasting, That became my reproach.

¹¹ I also @made sackcloth my garment; I became a byword to them.

- 12 Those who sit in the gate speak against me, And I am the song of the drunkards.
- ¹³ But as for me, my prayer is to You,
 O LORD, in the acceptable time;
 O God, in the multitude of Your mercy,
 Hear me in the truth of Your salvation.
- Deliver me out of the mire,
 And let me not sink;
 Let me be delivered from those who hate me,
 And out of the deep waters.
- ¹⁵ Let not the floodwater overflow me, Nor let the deep swallow me up; And let not the pit shut its mouth on me.
- ¹⁶ Hear me, O LORD, for Your lovingkindness *is* good; Turn to me according to the multitude of Your tender mercies.
- ¹⁷ And do not hide Your face from Your servant, For I am in trouble; Hear me speedily.
- ¹⁸ Draw near to my soul, *and* redeem it; Deliver me because of my enemies.
- ¹⁹ You know my reproach, my shame, and my dishonour; My adversaries *are* all before You.
- 20 Reproach has broken my heart,
 And I am full of heaviness;
 I looked for someone to take pity, but there was none;
 And for comforters, but I found none.
- ²¹ They also gave me gall for my food, And for my thirst they gave me vinegar to drink.
- ²² Let their table become a snare before them, And their well-being a trap.
- ²³ Let their eyes be darkened, so that they do not see; And make their loins shake continually.

²⁴ Pour out Your indignation upon them, And let Your wrathful anger take hold of them.

²⁵ Let their dwelling place be desolate; Let no one live in their tents.

²⁶ For they persecute the *ones* You have struck, And talk of the grief of those You have wounded.

²⁷ Add iniquity to their iniquity, And let them not come into Your righteousness.

²⁸ Let them be blotted out of the book of the living, And not be written with the righteous.

²⁹ But I *am* poor and sorrowful; Let Your salvation, O God, set me up on high.

³⁰ I will praise the name of God with a song, And will magnify Him with thanksgiving.

³¹ This also shall please the LORD better than an ox or bull, Which has horns and hooves.

³² The humble shall see *this and* be glad; And you who seek God, your hearts shall live.

³³ For the LORD hears the poor, And does not despise His prisoners.

³⁴ Let heaven and earth praise Him, The seas and everything that moves in them.

³⁵ For God will save Zion And build the cities of Judah,

That they may dwell there and possess it.

³⁶ Also, the descendants of His servants shall inherit it And those who love His name shall dwell in it.

Psalm 69:1-36

SUFFERING OF THE PSALMIST DESCRIBED

¹⁰ When I wept and chastened my soul with fasting, That became my reproach.

¹¹ I also made sackcloth my garment; I became a byword to them.

¹² Those who sit in the gate speak against me, And I am the song of the drunkards.

Psalm 69:10-12

- 1. Reproach
- 2. A byword
- 3. Spoken against
- 4. A song of the drunkards (ridicule)
- 5. Response of the Psalmist
 - a) Wept
 - b) Chastened soul
 - c) Sackcloth (mourning)

PRAYER OF THE PSALMIST I

13 But as for me, my prayer is to You,
O LORD, in the acceptable time;
O God, in the multitude of Your mercy,
Hear me in the truth of Your salvation.

14 Deliver me out of the mire,
And let me not sink;
Let me be delivered from those who hate me,
And out of the deep waters.

¹⁵ Let not the floodwater overflow me, Nor let the deep swallow me up; And let not the pit shut its mouth on me.

¹⁶ Hear me, O LORD, for Your lovingkindness is good; Turn to me according to the multitude of Your tender mercies. Psalm 69:13-16

1. A plea to the LORD

- a) The multitude of God's mercy
- b) The truth of God's salvation
- c) God's lovingkindness

2. A plea for deliverance

- a) In God's time
- b) To be taken out of the mire/ deep waters
- c) Delivered from those who hate

3. Fears expressed

- a) Overflowing of flood waters
- b) The deep waters that swallow up
- c) The pit that consumes
- d) These are all descriptions of Death

PRAYER OF THE PSALMIST II

¹⁷ And do not hide Your face from Your servant, For I am in trouble; Hear me speedily.

¹⁸ Draw near to my soul, and redeem it; Deliver me because of my enemies.

¹⁹ You know my reproach, my shame, and my dishonour; My adversaries are all before You.

²⁰ Reproach has broken my heart, And I am full of heaviness; I looked for someone to take pity, but there was none; And for comforters, but I found none.

Psalm 69:17-20

- 1. Further description of suffering
 - a) Trouble
 - b) Enemies/adversaries

- c) Reproach
- d) Shame
- e) Dishonour
- 2. Impact on the Psalmist
 - a) Heart broken
 - b) Heaviness of heart
 - c) No one pities (sympathy)
 - d) No comforter