

A Prayer of Moses the man of God.

¹ Lord, You have been our dwelling place in all generations.

² Before the mountains were brought forth,
Or ever You had formed the earth and the world,
Even from everlasting to everlasting, You are God.

³ You turn man to destruction,
And say, "Return, O children of men."

⁴ For a thousand years in Your sight
Are like yesterday when it is past,
And *like* a watch in the night.

⁵ You carry them away *like* a flood;
They are like a sleep.
In the morning they are like grass *which* grows up:

⁶ In the morning it flourishes and grows up;
In the evening it is cut down and withers.

⁷ For we have been consumed by Your anger,
And by Your wrath we are terrified.

⁸ You have set our iniquities before You,
Our secret *sins* in the light of Your countenance.

⁹ For all our days have passed away in Your wrath;
We finish our years like a sigh.

¹⁰ The days of our lives *are* seventy years;
And if by reason of strength *they are* eighty years,
Yet their boast *is* only labour and sorrow;
For it is soon cut off, and we fly away.

¹¹ Who knows the power of Your anger?
For as the fear of You, *so is* Your wrath.

¹² So teach *us* to number our days,
That we may gain a heart of wisdom.

¹³ Return, O LORD!
How long?
And have compassion on Your servants.

¹⁴ Oh, satisfy us early with Your mercy,
That we may rejoice and be glad all our days!

¹⁵ Make us glad according to the days *in which* You have afflicted us,
The years *in which* we have seen evil.

¹⁶ Let Your work appear to Your servants,
And Your glory to their children.

¹⁷ And let the beauty of the LORD our God be upon us,
And establish the work of our hands for us;
Yes, establish the work of our hands.

Psalm 90:1-17

GOD AND MAN COMPARED

1. The Being of God

¹ *Lord, You have been our dwelling place in all generations.*

² *Before the mountains were brought forth,
Or ever You had formed the earth and the world,
Even from everlasting to everlasting, You are God.
Psalm 90:1-2*

1. The Everlasting nature of God

2. He is from everlasting to everlasting

3. The existence of God

a) Before the mountains were made

b) Before God formed the earth and the world

2. The Being of Man

³ *You turn man to destruction,
And say, "Return, O children of men."*

⁴ *For a thousand years in Your sight
Are like yesterday when it is past,
And like a watch in the night.*

⁵ *You carry them away like a flood;
They are like a sleep.
In the morning they are like grass which grows up:*

⁶ *In the morning it flourishes and grows up;
In the evening it is cut down and withers.*

Psalm 90:3-6

1. Man is easily destroyed

2. Man's fleeting years

- a) Even if Man can live for a thousand years
- b) They are like yesterday when it is past
- c) Like a watch in the night
- d) Like a flood that carries away things
- e) Like sleep
- f) Like grass

THE WRATH OF GOD

⁷ *For we have been consumed by Your anger,
And by Your wrath we are terrified.*

⁸ *You have set our iniquities before You,
Our secret sins in the light of Your countenance.*

⁹ *For all our days have passed away in Your wrath;
We finish our years like a sigh.*

*¹⁰ The days of our lives are seventy years;
And if by reason of strength they are eighty years,
Yet their boast is only labour and sorrow;
For it is soon cut off, and we fly away.*

¹¹ Who knows the power of Your anger?
For as the fear of You, so is Your wrath.

Psalm 90:7-11

1. God's wrath and anger
2. These are not to be trifled with
3. If Man stirs up the wrath of God
 - a) Idolatrous worship
 - b) Departure from God
 - c) Committing grave sins
 - d) Who knows the power of His anger?
4. Man would be consumed
 - a) God can judge our sinful ways
 - b) Our life on earth would pass away like a sigh
 - c) God examines our hearts to note iniquity that exists there
5. Life's life span on earth
 - a) 70 years
 - b) 80 years (by strength)
 - c) Life is full of labour and sorrow

A WISE PRAYER

*¹² So teach us to number our days,
That we may gain a heart of wisdom.*

¹³ Return, O LORD!

How long?

And have compassion on Your servants.

¹⁴ Oh, satisfy us early with Your mercy,

That we may rejoice and be glad all our days!

¹⁵ Make us glad according to the days in which You have afflicted us,

The years in which we have seen evil.

¹⁶ Let Your work appear to Your servants,

And Your glory to their children.

¹⁷ And let the beauty of the LORD our God be upon us,

And establish the work of our hands for us;

Yes, establish the work of our hands.

Psalms 90:12-17

1. To learn how to number our days on earth

2. To gain a heart of wisdom

3. To pray for:

a) Compassion

b) Mercy

4. The possibility to experience in Life

a) Much affliction

b) Troubled by wickedness

5. Pleading to have

a) Restoration

b) Joy and gladness

6. God's revelation:

a) His work

b) His glory

c) His beauty upon us

7. Man's work

a) To be established

b) Truly and certainly