

MORNING WORSHIP SERVICE 16 May 2021

Text: Psalm 5

Title: "Consider my meditation"

INTRODUCTION

1. The Benefits of Meditation are many

a) Physical

b) Mental

c) Emotional

d) Spiritual

2. The Practice of Meditation

a) Meditation at the End of the Day Psalm 4

b) Meditation as the Day begins Psalm 5

PLANNED MEDITATION

1. The practice of Meditation in the Night

“Meditate within your heart on your bed”Psalm 4:4

a) Review of the day

b) Reflection of the day

c) Retiring for the night

2. The practice of Meditation in the Morning

“Consider my meditation”Psalm 5:1b

“My voice You shall hear in the morning, O LORD;

In the morning I will direct it to You and I will look up”Psalm 5:3

a) Beginning the Day with Prayer

b) Beginning the Day with Meditation

c) Beginning the Day with God

CONSCIOUSNESS OF WHO GOD IS

1. Meditation cultivates Consciousness of God

2. Consciousness of the Person of God

a) What God is not associated with Psalm 5:4

i) Not associated with wickedness

ii) Not associated with evil

b) Who will not be in the Presence of God Psalm 5:5

i) The boastful

ii) The workers of iniquity

c) What God would do with the unrepentant wicked Psalm 5:6

i) He will destroy those who speak falsehood

ii) He abhors the bloodthirsty and deceitful

COMMITMENT TO SEEK THE LORD

1. Coming to the House of God Psalm 5:7

a) In the multitude of God's mercy

b) In reverence

c) In worship

2. Coming to God in prayer Psalm 5:8

a) To seek God's leading

b) In the presence of enemies

c) To make the path of life straight

CONSCIOUSNESS OF THE PRESENCE OF EVIL

1. Important not to be naïve about the wicked Psalm 5:9

a) No faithfulness in their mouth

b) Inward part is destruction

c) Their throat is an open sepulchre

d) They use flattery frequently

2. Important to pray about the wicked Psalm 5:10

a) That God would pronounce them guilty

b) That they might fall in their own counsels

c) That they might be cast out

in the multitude of their transgressions

d) The wicked have rebelled against God

CONSCIOUS PRACTICE OF REJOICING IN GOD

1. Rejoicing is best practised consciously Psalm 5:11

a) Those who trust in God should rejoice

They should shout for joy

b) Those who love God's name

They should always be joyful in the Lord

2. Special Reasons for Rejoicing in the Lord Psalm 5:11-12

a) Because God defends them

b) Because God will bless the righteous

c) Because God's favour will be their shield

CHALLENGE TO PRACTISE MEDITATION

1. At Night Psalm 4

2. In the Morning Psalm 5

3. There will be wonderful blessings experienced