

**Text: Ephesians 3:14-21**

**Title: “Strengthened with might through His Spirit in the inner man”**

**INTRODUCTION**

1. Concluding 2025

- a) Mixed feelings
- b) Some setbacks
- c) Some gains

2. Commencing 2026

- a) Prayer
- b) Praise
- c) Power

**A VITAL TEXT**

<sup>14</sup> For this reason I bow my knees to the Father of our Lord Jesus Christ,

<sup>15</sup> from whom the whole family in heaven and earth is named,

<sup>16</sup> that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man,

<sup>17</sup> that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love,

<sup>18</sup> may be able to comprehend with all the saints what *is* the width and length and depth and height—

<sup>19</sup> to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.

<sup>20</sup> Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us,

<sup>21</sup> to Him *be* glory in the church by Christ Jesus to all generations, forever and ever. Amen.

Ephesians 3:14-21

1. In the context of Biblical Theology
2. In the context of Paul's personal life and experience
3. In the context of wisdom

### **POSTURE IN PRAYER**

<sup>14</sup> For this reason I bow my knees to the Father of our Lord Jesus Christ,

<sup>15</sup> from whom the whole family in heaven and earth is named,

Ephesians 3:14-15

#### **1. A Humble Prayer**

- a) Bowing the knee
- b) Praying to God as the Father of the Lord Jesus Christ

#### **2. An Honest prayer**

- a) The weakness that exists
- b) The problems that threaten

#### **3. An Earnest Prayer**

- a) All prayers must be made in earnest
- b) All prayers to be submitted in deep humility

### **PRACTICAL HONESTY IN PRAYER**

<sup>16</sup> that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man,

<sup>17</sup> that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love,

<sup>18</sup> may be able to comprehend with all the saints what *is* the width and length and depth and height—

<sup>19</sup> to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.

Ephesians 3:16-19

## 1. Strengthened with might in the inner man

- a) Recognition of Weakness
- b) Seeking strength through His Spirit
- c) Strength that is measured in might
- d) Inner man strength

## 2. That Christ may dwell in the heart through faith

- a) Recognition that the Lord may not be dwelling in our hearts
- b) Concept of dwelling to be understood in the light of John 14

<sup>19</sup> "A little while longer and the world will see Me no more, but you will see Me. Because I live, you will live also.

<sup>20</sup> At that day you will know that I *am* in My Father, and you in Me, and I in you.

<sup>21</sup> He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him."

<sup>22</sup> Judas (not Iscariot) said to Him, "Lord, how is it that You will manifest Yourself to us, and not to the world?"

<sup>23</sup> Jesus answered and said to him, "If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our home with him.

<sup>24</sup> He who does not love Me does not keep My words; and the word which you hear is not Mine but the Father's who sent Me.

John 14:19-24

- i) Keeping the Lord's commandments
- ii) A love for the Lord
- iii) The Lord will manifest Himself
- iv) The love of God will be manifested
- v) The Lord will make His home with us

c) A significant faith is needed

### **3. The Love of Christ**

<sup>17</sup> that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love,

<sup>18</sup> may be able to comprehend with all the saints what *is* the width and length and depth and height—

<sup>19</sup> to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.

Ephesians 3:17-19

- a) Recognition that the love of the Lord may be missing
- b) Prayer to be rooted in love
- c) Prayer to be grounded in love
- d) Ability to comprehend and to know the love of Christ the Lord
- e) To be filled with the fullness of God

### **CONFIDENCE IN GOD**

<sup>20</sup> Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us,

<sup>21</sup> to Him *be* glory in the church by Christ Jesus to all generations, forever and ever. Amen.

Ephesians 3:20-21

1. Confidence in God's omnipotence
2. Committed to give glory to God in the Church
3. Courage to face any challenge that we may have to face in life