

SUNDAY SCHOOL (COMBINED)
Text: Matthew 6:24-34; Luke 11:34-36

19 June 2016

WORRIES OF LIFE

1. Common worries of life

Matthew 6:25

- a) What to eat
- b) What to drink
- c) What to put on

2. The challenge

Matthew 6:26

- a) To understand that life is more than the body
- b) To appreciate that God looks after the birds of the air
 - i) God feeds them
 - ii) We are of more value than the birds of the air
- c) To appreciate how God looks after the lilies of the field Matthew 6:28-30
 - i) They do not toil
 - ii) They do not spin
 - iii) Yet full of glory

3. Uselessness of worrying

Matthew 6:27

- a) It does not help in any way
- b) We are not going to grow any taller by worrying

4. The deeper problem

- a) Little faith Matthew 6:30
- b) Faith that God will provide Matthew 6:30

5. The Gentiles (those who do not know God)

- a) They worry about the mundane things of life
- b) Food and clothing are their main worries

6. Seeking the Kingdom of God

- a) To believe in God as our Heavenly Father
- b) To seek His kingdom first
- c) To believe in His provision and not to worry